LINDSAY S. HAM, PH.D.

CURRICULUM VITAE

Department of Psychology University Park Campus DM 264 Florida International University Miami, FL 33199 Phone: (305) 348-3374 FAX: (305) 348-3879

Email: <u>lindsay.ham@fiu.edu</u>

CURRENT POSITIONS

2004-present Assistant Professor

Department of Psychology, Florida International University, Miami, FL

2004-present Director

Center for Anxiety and Substance Abuse, Florida International University

2004-present Clinical Supervisor

Counseling Psychology Masters Program, Florida International University Child Anxiety and Phobia Program, Florida International University

EDUCATION

Doctor of Philosophy, Clinical Psychology, University of Nebraska-Lincoln (APA Accredited)

Dissertation: *Incorporating Social Anxiety into a Model of College Student Problematic Drinking* (Chairperson: Debra A. Hope, Ph.D.).

27 min (Champerson: Beera in Trope, i in 2.).

Clinical Psychology Internship, DVA/Medical University of South Carolina (APA Accredited)

Visiting Student, Dalhousie University (Sherry H. Stewart, Ph.D.), Halifax, Nova Scotia

Master of Arts, Clinical Psychology, University of Nebraska-Lincoln (APA Accredited)

Thesis: Alcohol and Anxiety: Subtle and Obvious Attributes of Abuse in Adults with Social Anxiety Disorder and Panic Disorder

Bachelor of Arts with High Distinction, Psychology, University of Nebraska-Lincoln

GRANTS

2005-2007 Clinical Researcher, National Institutes of Health Loan Repayment Program

Social Expectancies for Alcohol Scale Project. Funded 7/1/05 – 6/30/07.

2002-2003 Primary Investigator, National Research Service Award Predoctoral Fellowship

A Model of Social Anxiety and College Student Drinking, 1 F31 AA13462-01A1 (Sponsor: Debra A. Hope, Ph.D.), total costs for 15 months = \$31,765, National Institute

on Alcohol Abuse and Alcoholism. Funded 06/01/02 - 07/31/03.

Grants Submitted

2006 Co-Primary Investigator, Research Grant Submission

Maximizing the Reliability of Interviewing Intoxicated Eyewitnesses: Evidence-based Understanding of How and When to Obtain Their Information, SES 0648413 (PI: Nadja

Schreiber, Ph.D.), National Science Foundation. 03/01/07-02/28/10.

2006 Co-Investigator, R01 Submission

Parent Mediation of Child Anxiety CBT Outcome (PI: Wendy Silverman, Ph.D.),

National Institute of Mental Health. 09/01/07 – 08/31/12.

2005 Primary Investigator, Junior Faculty Reseach Grant Submission

Social Anxiety and Alcohol Use: Examining the Relationship using a Simulated Bar-

Laboratory, Anxiety Disorders Association of America.

2005 Co-Investigator, R21 Resubmission

Brief HIV Risk Reduction for College Binge Drinkers, 1 R21 AA015667 (PI: Jonathan

Tubman, Ph.D.), National Institute on Alcohol Abuse and Alcoholism.

PUBLICATIONS

(† indicates student author)

- **Ham, L. S.**, Bonin, M., & Hope, D. A. (in press). The role of drinking motives in social anxiety and alcohol use. *Journal of Anxiety Disorders*.
- **Ham, L. S.**, & Hope, D. A. (2006). Incorporating social anxiety into a model of college problem drinking: Replication and extension. *Psychology of Addictive Behaviors*, 20(3), 348-355.
- **Ham, L. S.**, Hayes, S. A., & Hope, D. A. (2005). Gender differences in social support for socially anxious individuals. *Cognitive Behaviour Therapy*, 34(4), 201-206.
- Morris, E. P., Stewart, S. H., & **Ham, L. S.** (2005). The relationship between social anxiety disorder and alcohol use disorder: A critical review. *Clinical Psychology Review*, 25(6), 734-760.
- **Ham, L. S.**, Stewart, S. H., Norton, P. J., & Hope, D. A. (2005). Psychometric assessment of the comprehensive effects of alcohol questionnaire: Comparing a brief version to the original full scale. *Journal of Psychopathology and Behavioral Assessment*, 27(3), 141-158.
- **Ham, L. S.**, Carrigan, M., Moak, D., & Randall, C. L. (2005). Social anxiety and specificity of positive alcohol expectancies: Preliminary findings. *Journal of Psychopathology and Behavioral Assessment*, 27(2), 115-121.
- **Ham, L. S.**, & Hope, D. A. (2005). Incorporating social anxiety into a model of college student problematic drinking. *Addictive Behaviors*, 30(1), 127-150. [Manuscript also digested in *The Quarterly Review of Alcohol Research*, 13(2), 19-20.]
- Laguna, L., **Ham, L. S.**, Hope, D. A., & Bell, C. (2004). Chronic worry as avoidance of arousal. *Cognitive Therapy and Research*, 28(2), 269-281.
- **Ham, L. S.**, & Hope, D. A. (2003). Alcohol and Anxiety: Subtle and Obvious Attributes of Abuse in Adults with Social Anxiety Disorder and Panic Disorder. *Depression and Anxiety*, 18(3), 128-139.

- **Ham, L. S.** & Hope, D. A (2003). College students and problematic drinking: A review of the literature. *Clinical Psychology Review*, 23(5), 719-759.
- **Ham, L. S.** & Hope, D. A. (2003). [Review of the book *Anxiety and its disorders: The nature and treatment of anxiety and panic*]. *Cognitive and Behavioral Practice*, 10(2), 188-189.
- **Ham, L. S.**, Hope, D. A., White, C. S., & Rivers, P. C. (2002). Alcohol expectancies and drinking behavior in adults with social anxiety disorder and dysthymia. *Cognitive Therapy and Research*, 26(2), 275-288.
- **Ham, L. S.**, VanDyke-Skiles, M., & Hope, D. A. (2002). Social dysfunction. In Thomas, J. C. & Hersen, M. (Eds.), *Handbook of mental health in the workplace* (pp. 381-399). Newbury Park, CA: Sage Publications.

Continuing Education Publications

- **Ham, L. S.** & Nessetti, M. (1998). *Cognitive therapy for mood disorders*. Miami Beach, FL: Prescribing Psychologists Register.
- **Ham, L. S.** & Nessetti, M. (1998). *Establishing an anger alternatives program within your practice*. Miami Beach, FL: Prescribing Psychologists Register.
- **Ham, L. S.** & Nessetti, M. (1998). *Establishing a weight loss program within your practice*. Miami Beach, FL: Prescribing Psychologists Register.

Manuscripts under Review

- **Ham, L. S.**, & Garcia, T. A. † (2006). Assessment of social skills in substance use disorders. In D. W. Nangle, C. A. Erdley, D. J. Hansen, & P. J. Norton (Eds.), *Practitioner's Guide to Empirically-Based Measures of Social Skills (AABT Clinical Assessment Series)*. New York: Springer.
- Zamboanga, B. L., & **Ham, L. S.** (2006). Female College Athletes' Valuations of Drinking Expectancies and their Association with Heavy Alcohol Use and Related Drinking Contexts: Does Bad Really Mean Good? Manuscript under review.

CONFERENCE PRESENTATIONS AND POSTERS

(† indicates student author)

2007

Zamboanga, B. L., O'Riordan, S. S., McCollum, E. C., Calvert, B. D., Garcia, T. A. †, Jarvis, L. H., **Ham, L. S.**, & Schwartz, S. J. (2007, March). *I think therefore I drink? Drinking expectancies and alcohol experimentation among early adolescents*. Poster to be presented at the biennial meeting of the Society for Research in Child Development, Boston, MA.

- Benavides, D.[†], **Ham, L. S.**, Garcia, T. A.[†], Perez, D.[†], & Martinez, Y[†]. (2006, November). *Social anxiety, gender, and drinking: Comparison of social anxiety measures*. Poster to be presented at the 40th annual meeting of the Association for Behavior and Cognitive Therapies, Chicago, IL.
- Crook, B. C.[†], Chen, P. [†], Garcia, T. A. [†], **Ham, L. S.**, Olthius, J. V., & Zamboanga, B. L. (2006, November). *Validity and reliability of the COEA: Alcohol outcome expectancies and the subjective evaluation of those effects.* Poster to be presented at the 40th annual meeting of the Association for Behavior and Cognitive Therapies, Chicago, IL.

- Crook, B. C.[†], Garcia, T. A.[†], Mendez, S. M.[†], & **Ham, L. S.** (2006, November). *Expectations, evaluations and their role with social anxiety*. Poster to be presented at the 40th annual meeting of the Association for Behavior and Cognitive Therapies, Chicago, IL.
- Garcia, T. A.[†], **Ham, L. S.**, & Crook, B. C.[†] (2006, November). *An initial examination of social anxiety and marijuana use among college students*. Poster to be presented at the 40th annual meeting of the Association for Behavior and Cognitive Therapies, Chicago, IL.
- Garcia, T. A.[†], Rey, Yasmin [†], **Ham, L. S.**, & Silverman, W. K. (2006, November). *Anxiety sensitivity, alcohol misuse, and expectancies*. Poster to be presented at the 40th annual meeting of the Association for Behavior and Cognitive Therapies, Chicago, IL.
- Malagon, J.[†], Benavides, D.[†], Rodriguez, M.[†], Garcia, T. A.[†], **Ham, L. S.**, Olthius, J. V., & Zamboanga, B. L. (2006, November). *Drinking to cope and social anxiety in a minority population*. Poster to be presented at the 40th annual meeting of the Association for Behavior and Cognitive Therapies, Chicago, IL.
- Mendez, S.[†], Roiz, A.[†], **Ham, L. S.**, & Arriola, V.[†] (2006, November). *Social experiences and life* satisfaction in the early college years. Poster to be presented at the 40th annual meeting of the Association for Behavior and Cognitive Therapies, Chicago, IL.
- Benavides, D.[†], & **Ham, L. S.**, (2006, September). *Social anxiety, gender, and drinking: Comparison of social anxiety measures*. Paper and poster presented at the annual meeting of the McNair Summer Symposium, Miami, FL.
- Mendez, S.[†], & **Ham, L. S.** (2006, March). *Social experiences and drinking in the early college years*. Poster presented at the Florida International University Honors College Annual Research Conference, Miami, FL.
- Bonin, M. F., Hope, D. A., & **Ham, L. S.** (2006, March). *A model examining first- and second-order factors associated with social anxiety*. Poster presented at the 26th annual meeting of the Anxiety Disorders Association of America, Miami, FL.
- Carter, R.[†], Allen, A., **Ham, L. S.**, & Silverman, W. K. (2006, March). *Suicidal ideation among referred* youth with a primary diagnosis of anxiety. Poster presented at the 26th annual meeting of the Anxiety Disorders Association of America, Miami, FL.
- Garcia, T. A.[†], Benavides, D.[†], Crook, B. C.[†], & **Ham, L. S.** (2006, March). *Social anxiety, gender, and alcohol use: The relations among Hispanic young adults*. Poster presented at the 26th annual meeting of the Anxiety Disorders Association of America, Miami, FL.
- Garcia, T. A. †, **Ham, L. S.**, Montgomery, M., & Hernandez, L. (2006, March). *An initial examination of the role of gender in social anxiety and self-medication*. Poster presented at the 26th annual meeting of the Anxiety Disorders Association of America, Miami, FL. [Poster also digested in *Primary Psychiatry*, 13(6), 14-18.]
- **Ham, L. S.**, Bonin, M., & Hope, D. A. (2006, March). *The role of drinking motives in social anxiety and alcohol use*. Paper presented at the 26th annual meeting of the Anxiety Disorders Association of America, Miami, FL.
- Mendez, S.[†], Roiz, A.[†], Arriola, V.[†], & **Ham, L. S.** (2006, March). *Social anxiety, binge drinking, and activity participation in the early college years.* Poster presented at the 26th annual meeting of the Anxiety Disorders Association of America, Miami, FL.

- **Ham, L. S.**, & Norberg, M. (2005, November). *Exploring the relationship between social anxiety and drinking among Latino college students*. Poster presented at the 39th annual meeting of the Association for Behavior and Cognitive Therapies, Washington DC.
- Norberg, M. M., Woods, D. W., **Ham, L. S.**, Klein, L. A., & Adcock, A. (2005, November). *Thought-action fusion, experiential avoidance, and obsessive-compulsive severity in college students*. Poster presented at the 39th annual meeting of the Association for Behavior and Cognitive Therapies, Washington DC.

- **Ham, L. S.**, Carrigan, M. H., Bazile, K. E.[†], & Randall, C. L. (2005, June). *Assessment of alcohol outcome expectancies specific to social situations*. Poster presented at the annual meeting of the Research Society on Alcoholism, Santa Barbara, CA.
- Book, S. W., Carrigan, M. H., **Ham, L. S.**, Deas, D. V., & Randall, C. L. (2005, June). *Gender differences in alcohol expectancies in social situations*. Poster presented at the annual meeting of the Research Society on Alcoholism, Santa Barbara, CA.
- Bonin, M. F., Miller, N. A., Hope, D. A., & **Ham, L. S.** (2005, March). A model examining affective relationships between social anxiety and depression. In N. Miller (Chair), *Affect and anxiety: Theoretical implications, affect regulation, and health-related behaviors*. Symposium conducted at the 25th annual meeting of the Anxiety Disorders Association of America, Seattle, WA.

2004

- Bonin, M. F., Miller, N. A., Hope, D. A., & **Ham, L. S.** (2004, November). *Gender effects of problematic drinking behaviors and alcohol related problems in college students*. Poster presented at the 38th meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- **Ham, L. S.**, Carrigan, M. H., & Randall, C. L. (2004, June). *Social anxiety and positive alcohol expectancies*. Paper and poster presented at the annual meeting of the Research Society on Alcoholism, Vancouver, BC, Canada.
- **Ham, L. S.**, & Hope, D. A. (2004, June). *Incorporating social anxiety into a model of college problem drinking*. Poster presented at the annual meeting of the Research Society on Alcoholism in Vancouver, BC, Canada.
- **Ham, L. S.**, Kraus, C. A., & Hope, D. A. (2004, March). *Gender, social anxiety, and social support*. Poster presented at 24th annual meeting of the Anxiety Disorders Association of America, Miami, FL.

- **Ham, L. S.**, Carrigan, M., Randall, C. L., & Moak, D. (2003, November). *Differences in alcohol expectancies as a function of social anxiety level*. Poster presented at the annual Medical University of South Carolina Student Research Day, Charleston, SC.
- **Ham, L. S.**, VanDyke, M., Carmin, C. N., Hope, D. A., & Pollard, C. A. (2003, November). *Assessment of disability associated with anxiety disorders: The psychometric properties of the Disruption of Functioning Index*. Poster presented at the 37th meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Bonin, M. E., Chang, R. R., **Ham, L. S.**, & Hope, D. A. (2003, November). *Gender differences in problematic drinking behaviors: An alternative examination of drinking styles beyond quantity and frequency of alcohol use.* Poster presented at the 37th meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- **Ham, L. S.**, Stewart, S. H., & Hope, D. A. (2003, June). *Psychometric assessment of the Comprehensive Effects of Alcohol Questionnaire: Comparing a brief version to the original full scale*. Poster presented at the annual meeting of the Research Society on Alcoholism, Ft. Lauderdale, FL.
- **Ham, L. S.**, Hayes, S. A., Kraus, C. A., Moore, E. L. & Hope, D. A. (2003, March). *Gender differences in social anxiety disorder: Examining symptomology, distress, and symptom interference*. Poster presented at 23rd annual meeting of the Anxiety Disorders Association of America, Toronto, ON, Canada.
- Norton, P. J., Kraus, C. A., Moore, E. L., **Ham, L. S.**, DeCoteau, T. J., & Hope, D. A. (2003, March). Disorder-independent group CBT for Anxiety: A pilot randomized controlled trial. In P. J. Norton (Chair), *Integrative treatment approaches across anxiety and related disorders*. Symposium conducted at the 23rd annual meeting of the Anxiety Disorders Association of America, Toronto, ON, Canada.

- **Ham, L. S.**, Kraus, C. A., Moore, E. L., DeCoteau, T. J., Norton, P. J., & Hope, D. A. (2002, November). Women and social anxiety: Gender differences in individuals seeking treatment for social anxiety disorder. In P. Wiegartz (Chair), *Women and anxiety disorders*. Symposium conducted at the 36th meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Henning, E. R., **Ham, L. S.**, & Hope, D. A. (2002, November). *Primary traumatic experiences in non-PTSD anxiety clients*. Poster presented at the 36th meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Kraus, C. A., **Ham, L. S.**, Moore, E. L., Norton, P. J., DeCoteau, T. J., Hope, D. A. (2002, November). The relationships among social support and substance abuse in individuals seeking treatment for social anxiety disorder. Poster presented at the 36th meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Moore, E. L., Norton, P. J., Kraus, C. A., DeCoteau, T. J., **Ham, L. S.**, Hayes, S. A., & Hope, D. A. (2002, November). *Social anxiety disorder, avoidant personality disorder, and the MCMI-III*. Poster presented at the 36th meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- **Ham, L. S.**, Hope, D. A., & Rivers, P. C. (2002, March). *The relationship between social anxiety and alcohol-related problems in college students: The role of alcohol expectancies and valuations*. Poster presented at the 22nd annual meeting of the Anxiety Disorders Association of America, Austin, TX.
- **Ham, L. S.**, Hope, D. A., & Rivers, P. C. (2002, March). *Factors related to college drinking: Examining students referred to an Alcohol Skills Training Program.* Poster presented at the 50th annual meeting of the Nebraska Symposium on Motivation, Lincoln, NE.
- Herzberg, S., Gibbon, C. & **Ham, L. S**. (2002, January). *To Change or Not to Change: A Single Case Study of a University Ethnic Minority Affairs Committee*. Paper presented at the RACE 2002 meeting, Tempe, AZ.

- **Ham, L. S.**, Fischer-Potts, K., Hope, D. A., & Rivers, P. C. (2001, November). *Social anxiety, drinking, and alcohol expectancies: Examining an Alcohol Skills Training Program.* Poster presented at the 35th meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Kraus, C., VanDyke-Skiles, M., DeCoteau, T., Norton, P., **Ham, L. S.**, Moore, E., & Hope, D. A. (2001, November). *Social support in individuals with social anxiety disorder*. Poster presented at the 35th meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Sim, A. H., **Ham, L. S.**, Moore, E. L, & Hope, D. A. (2001, November). *Impact of panic induction on the emotional Stroop task in individuals with panic disorder and social phobia*. Poster presented at the 35th meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- **Ham, L. S.**, Herzberg, S., & Gibbon, C. (2001, September). *To change or not to change: A single case study of a University Ethnic Minority Affairs Committee*. Paper presented at the annual meeting of the Nebraska Counseling Association & Nebraska School Psychologists Association, Lincoln, NE.
- Ham, L. S., VanDyke-Skiles, M., DeCoteau, T. J., Norton, P. J., & Hope, D. A. (2001, July).
 Understanding alcohol use and social anxiety. In D. A. Hope (Chair), *Problematic substance use across DSM-IV Axis-I disorders*. Symposium conducted at the meeting of the World Congress of Behavioral and Cognitive Therapies, Vancouver, BC, Canada.
- VanDyke-Skiles, M., **Ham, L. S.**, DeCoteau, T. J., Norton, P. J., & Hope, D. A. (2001, July). Working alliance, client satisfaction, and perceived progress in a CBT training clinic. In D. A. Hope (Chair), *Mechanisms of change in cognitive-behavioral therapy*. Symposium conducted at the meeting of the World Congress of Behavioral and Cognitive Therapies, Vancouver, BC, Canada.

Ham, L. S., VanDyke-Skiles, M., Norton, P. J., DeCoteau, T. J., Cohn, L. G., Burns, J. A., & Hope, D. A. (2000, November). Alcohol and social anxiety: Subtle and obvious attributes of substance abuse. Poster presented at the 34th annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

1999

Ham, L. S., White, C. S., Hope, D. A., & Rivers, P. C. (1999, March). Alcohol expectancies and drinking behavior in social phobics. Poster presented at the 19th annual meeting of the Anxiety Disorders Association of America, San Diego, CA.

AWARDS AND FELLOWSHIPS

2005 Summer Faculty Development Award, College of the Arts & Sciences, Florida **International University** 2005 Research Society on Alcoholism Junior Investigator Award, Research Society on

Alcoholism/National Institute of Alcohol Abuse and Alcoholism

Internship Research Paper Competition Award: 1st Place, Charleston Consortium 2004

Internship

Guze Symposium on Alcoholism Travel Award, Washington University/National 2003

Institute of Alcohol Abuse and Alcoholism

Anxiety Disorders Association of America Trainee Travel Award, Anxiety 2002

Disorders Association of America

EDITORIAL/REVIEWING EXPERIENCE

2005 Reviewer

Council of Southern Graduate Schools (CSGS) Master's Thesis Award competition

2003-present **Ad Hoc Manuscript Reviewer**

> Cognitive Therapy and Research Addictive Behaviors Journal of Clinical Psychiatry Behavior Therapy

Journal of Social and Clinical Psychology Psychology of Addictive Behaviors Psychological Assessment Behaviour Research and Therapy

Journal of Studies on Alcohol

Practitioner's Guide to Empirically-Based Measures of Social Skills

2001-2003 **Editorial Assistant**

Cognitive Therapy and Research (Associate Editor Debra A. Hope, Ph.D.)

TEACHING/MENTORING

2006 **CLP 6945: Clinical Practicum**, Florida International University (Graduate Level) 2006 CLP 6943: Advanced Clinical Practicum, Florida International University

(Graduate Level)

2006 PCO 5311: Research, Theory, and Treatment of Addictive Behavior, Florida

International University (Graduate Level)

2005-present **PSY 3213: Research Methods in Psychology**, Florida International University

CLP 4144: Abnormal Psychology, Florida International University 2004-present 2000, 2001 **PSY 380: Abnormal Psychology**, University of Nebraska-Lincoln

1999-2000 PSY 350L: Research Methods and Data Analysis Laboratory, University of

Nebraska-Lincoln

ACADEMIC SERVICE

2006-present Member, Curriculum Committee, Department of Psychology, Florida International

University

Judge, McNair Summer Symposium, Ronald E. McNair Post Baccalaureate

Program, Florida International University

2006-present Member, Counseling Psychology Program Committee, Department of Psychology,

Florida International University

2006-present Member, Planning and Fundraising Committee, Women's Issues in Behavior

Therapy Special Interest Group, Association for Behavioral and Cognitive Therapies

2006-present Mentor, Ronald E. McNair Post Baccalaureate Program, Florida International

University (D. Benavides)

2005-present Chair, Student Poster Award Committee, Women's Issues in Behavior Therapy

Special Interest Group, Association for Behavioral and Cognitive Therapies

2005-present Research Affiliate, Student Research & Artistic Initiatives Program, Honors

College, Florida International University

2005-present Faculty Advisor, Psi Chi, Psychology Honor Society, Florida International

University

2005-present Member, Cross-Disciplinary Committee, Department of Psychology, Florida

International University

2005-present Mentor, Psychology Research Initiatives Mentorship Experience (PRIME),

Department of Psychology, Florida International University (2005: S. Mendez; 2006:

C. Ojeda, B. Crook)

PROFESSIONAL AFFILIATIONS

2005-present	ABCT Anxiety Disorders Special Interest Group, Member
2005-present	ABCT Women's Issues in Behavior Therapy Special Interest Group, Member
2002-present	Research Society on Alcoholism (RSA), Member
1999-present	American Psychological Association (APA), Member
1999-present	Anxiety Disorders Association of America (ADAA), Member
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1998-present Association for Behavior and Cognitive Therapies (ABCT)—formerly AABT,

Member